

Dolce Vida Medical Spa



Instructions Before Botox or Filler Injections

Prior to Botox or filler injection, please observe the following:

- Avoid alcoholic beverages at least 24 hours prior to treatment (alcohol may thin the blood increasing the risk of bruising). Avoid red wine for one week prior to injections.
- Avoid anti-inflammatory/blood thinning medications for one week prior to injection, Medications and supplements such as aspirin, fish oil, vitamin E, ibuprofen, and other NSAIDS, all thin the blood and can increase bruising/swelling after injections.
- Be sure to check with your primary care physician before stopping any medication, especially if you are taking it for cardiac or vascular reasons.
- Schedule Botox or facial filler appointments at least 2 weeks prior to an upcoming event (i.e. wedding, reunion, vacation etc.) to avoid any chance of being bruised for the event.

If you have any other questions, please do not hesitate to call the office.

203-513-8457

Our normal business hours are Monday-Friday 10AM-5PM. If it is an emergency please leave a message.

~Dolce Vida Medical Spa~